

BREAKFAST ITINERARY!

Cereal with Toast and Jelly, Milk, and Juice offered daily.

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| <u>MON</u>
Banana Bread w/Ham Wedges | <u>WED</u>
Pancakes w/Syrup & Steak Fingers |
| <u>TUE</u>
Texas Chicken Patty Sandwich
Half & Orange Slice | <u>THU</u>
Breakfast Eggs w/Flour Tortilla
OR Eggs w/Biscuit & Jelly |
| <u>FRI</u>
Cinnamon Roll
w/Sausage Patty | |

BREAKFAST IN THE CLASSROOM

Milk and juice provided with breakfast daily.

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| AUG. 26-29 | SEPT. 2-5 |
| SEPT. 8-12 | SEPT. 15-19 |
| SEPT. 22-26 | SEPT. 29-OCT. 3 |
| OCT. 6-9 | OCT. 14-17 |
| OCT. 20-24 | OCT. 27-31 |
| NOV. 3-7 | NOV. 10-14 |
| NOV. 17-21 | NOV. 24 & 25 |
| DEC. 1-5 | DEC. 8-12 |
| DEC. 15-19 | |

MON
Breakfast Square & Sausage Patty

TUES
Blueberry Pancake w/Sausage on a Stick

WED
Steak Fingers & Biscuit

THURS
Cinnamon Roll & Sausage Patty

FRI
Reduced Sugar Trix Cereal & Texas Cinnamon Toast Half

MON
French Toast Crunch Cereal & Banana Bread

TUES
Blueberry Pancake w/Sausage on a Stick

WED
Steak Fingers & Biscuit

THURS
Reduced Sugar Cinnamon Toast Crunch Cereal & French Toast Sticks

FRI
Texas Toast Beef Steak Sandwich Half



SCHOOL MEAL MENUS AND FOOD SELECTION

Round Rock ISD follows the Nutrient Standard menu planning and Offer versus Serve meal pattern as outlined by USDA – United States Department of Agriculture. The Nutrient Standard menu planning is based on the nutrient content of foods served and limits foods that exceed high fat and caloric levels as set forth by TDA. The Offer versus Serve meal pattern gives students a choice in their meal selections. Three items including milk are offered during breakfast. Students are required to select at least two of the three items. Five items are offered during lunch – entrée, three sides, and milk. Students are required to choose an entrée and at least two items offered.

Nutritional analysis is available upon request. Menu, in both English and Spanish, is posted on the district's website at www.roundrockisd.org.

Menu substitutions may occur.

NUT FREE SCHOOLS

Round Rock ISD Food Service Department has a nut-free policy for Breakfast, Lunch, A La Carte, and After School Snack programs for all elementary schools.

Now Hiring

Do you want to join our team? Food Service is recruiting for full, part-time, and on-call positions. Apply online at www.roundrockisd.org, click on the employment link. For more information call 464-8381.

ARAMARK is an Equal Opportunity Employer.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Menu design by Catfish Designs
www.catfishdesigns.com



AUGUST

26 ● Chicken Nuggets & Steak Finger w/Wheat Bread OR ● Pork Roast Sandwich w/Sweet Potato Cup Sweet Green Peas Whole Kernel Corn Chilled Peaches	27 ● Charbroiled Hamburger OR ● Chicken 'N Gravy Over Potatoes w/Wheat Roll Ranch Style Beans Lettuce & Pickles Watermelon Bites	28 ● Cheese Nachos OR ● BBQ Beef on Bun w/Pork & Beans Santa Fe Rice Broccoli & Tomato Salad Cup O'Mixed Fruits	29 ● Pepperoni Pizza OR ● Smucker's Uncrustable Grilled Cheese Sandwich Seasoned Green Beans Fresh Orange Smiles Fall Pudding
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SEPTEMBER

1 SCHOOL HOLIDAY	2 ● Soft Beef Taco w/Seasoned Pinto Beans OR ● Club Sandwich Seasoned Corn Tossed Salad Apple Half	3 ● Charbroiled Hamburger OR ● Fruit Bowl w/Graham Crackers Creamy Tomato Soup Baked Fries Under The Sea Salad	4 ● Chicken Nuggets w/Wheat Bread OR ● Beef Ravioli w/Parmesan Breadstick Sweet Green Peas Cantaloupe Chunks Milk Chocolate Pudding	5 ● Cheese Pizza OR ● Popcorn Chicken Parmesan Veggies, Mixed Up Tropical Pineapple Oatmeal Raisin Cookie
8 ● French Bread Hamburger Pizza OR ● Chicken Chunks w/Wheat Bread Whole Kernel Corn Tossed Salad Cup O'Mixed Fruits	9 ● Italian Meatball Sandwich OR ● Mini Pancakes w/Syrup & Steak Finger Seasoned Green Beans Baby Carrots Cherry Sliced Pears	10 ● Charbroiled Hamburger OR ● Spike's Special Entree Pork & Beans Lettuce & Pickles Berry Fruited Jell-O	11 ● Chicken Nuggets w/Wheat Roll OR ● BBQ Beef on Bun Creamy Baked Mashed Potatoes Mandarin Broccoli Salad Pink Sour Power Applesauce	12 ● Pepperoni Pizza w/Corn Cob OR ● Colorful Stuffed Baked Potato w/Wheat Breadstick Seasoned Spinach Fresh Orange Smiles Pineapple "Fluff"
15 ● Turkey Corn Dog w/Chili OR ● Popcorn Chicken In The Nest w/Wheat Roll Seasoned Rice Steamed Broccoli Cup O'Mixed Fruits	16 ● Cheese Nachos OR ● Spaghetti w/Meatballs Hot Vegetable Sticks Rainbow Pear Half Lime Jell-O w/Pineapple	17 ● Charbroiled Hamburger OR ● Chicken 'N Gravy Over Potatoes w/Wheat Roll Seasoned Green Beans Carrot & Raisin Salad Berry Pudding	18 ● Chicken Nuggets w/Hoagie Bun Half OR ● Fruit Bowl w/Graham Crackers Sweet Potato Cup Seasoned Green Peas Banana Brownie Cake	19 ● Cheese Pizza & Garlic Breadstick w/Marinara Sauce OR ● Beef Steak Fingers & Mashed Potatoes Whole Kernel Corn Baby Carrots Watermelon Bites
22 ● Popcorn Chicken & Mini Corn Dogs OR ● Toasted Cheese Sandwich Pork & Beans Veggies, Mixed Up Pink Sour Power Applesauce	23 ● Beef Ravioli w/Cinnamon Breadstick OR ● Breaded Chicken Patty Sandwich Seasoned Green Beans Baby Carrots Apple Half	24 ● Charbroiled Hamburger w/Cheese OR ● Spaghetti w/Marinara Sauce Potato Smiles Tossed Salad Tropical Pineapple	25 ● Chicken Nuggets w/Wheat Bread OR ● Soft Beef Taco w/Chips & Cheese Dip Charro Beans Banana Half Under The Sea Salad w/Topping	26 ● Cheese Pizza OR ● Sausage Pancake on a Stick w/Syrup Mini Corn on the Cob Seasoned Spinach Oatmeal Raisin Cookie
29 ● Turkey Corn Dog w/Chili OR ● Spaghetti Veggies, Mixed Up Baby Carrots Rainbow Pear Half	30 ● Chicken Nuggets & Steak Finger w/Wheat Bread OR ● Pork Roast Sandwich w/Sweet Potato Cup Sweet Green Peas Whole Kernel Corn Chilled Peaches			

OCTOBER

6 ● Mini Corn Dogs w/Pork & Beans OR ● Macaroni & Cheese w/Fish Bites Red Grapes Fresh Vegetable Cup w/Ranch Dip Peach Crisp	7 ● Soft Beef Taco w/Seasoned Pinto Beans OR ● Club Sandwich Seasoned Corn Tossed Salad Apple Half	8 ● Charbroiled Hamburger OR ● Fruit Bowl w/Graham Crackers Creamy Tomato Soup Baked Fries Under The Sea Salad	9 ● Chicken Nuggets w/Wheat Bread OR ● Beef Ravioli w/Parmesan Breadstick Sweet Green Peas Cantaloupe Chunks Milk Chocolate Pudding	10 No School
13 No School	14 ● Italian Meatball Sandwich OR ● Mini Pancakes w/Syrup & Steak Finger Seasoned Green Beans Baby Carrots Cherry Sliced Pears	15 ● Charbroiled Hamburger OR ● Spike's Special Entree Pork & Beans Lettuce & Pickles Berry Fruited Jell-O	16 ● Chicken Nuggets w/Wheat Roll OR ● BBQ Beef on Bun Creamy Baked Mashed Potatoes Mandarin Broccoli Salad Pink Sour Power Applesauce	17 ● Pepperoni Pizza w/Corn Cob OR ● Colorful Stuffed Baked Potato w/Wheat Breadstick Seasoned Spinach Fresh Orange Smiles Pineapple "Fluff"
20 ● Turkey Corn Dog w/Chili OR ● Popcorn Chicken In The Nest w/Wheat Roll Seasoned Rice Steamed Broccoli Cup O'Mixed Fruits	21 ● Cheese Nachos OR ● Spaghetti w/Meatballs Hot Vegetable Sticks Rainbow Pear Half Lime Jell-O w/Pineapple	22 ● Charbroiled Hamburger OR ● Chicken 'N Gravy Over Potatoes w/Wheat Roll Seasoned Green Beans Carrot & Raisin Salad Berry Pudding	23 ● Chicken Nuggets w/Hoagie Bun Half OR ● Fruit Bowl w/Graham Crackers Sweet Potato Cup Seasoned Green Peas Banana Brownie Cake	24 ● Cheese Pizza & Garlic Breadstick w/Marinara Sauce OR ● Beef Steak Fingers & Mashed Potatoes Whole Kernel Corn Watermelon Bites
27 ● Popcorn Chicken & Mini Corn Dogs OR ● Toasted Cheese Sandwich Pork & Beans Veggies, Mixed Up Pink Sour Power Applesauce	28 ● Beef Ravioli w/Cinnamon Breadstick OR ● Breaded Chicken Patty Sandwich Seasoned Green Beans Baby Carrots Apple Half	29 ● Charbroiled Hamburger w/Cheese OR ● Spaghetti w/Marinara Sauce Potato Smiles Tossed Salad Tropical Pineapple	30 ● Chicken Nuggets w/Wheat Bread OR ● Soft Beef Taco w/Chips & Cheese Dip Charro Beans Banana Brownie Cake Under The Sea Salad w/Topping	31 ● Cheese Pizza OR ● Sausage Pancake on a Stick w/Syrup Mini Corn on the Cob Seasoned Spinach Oatmeal Raisin Cookie

NOVEMBER

3 ● Turkey Corn Dog w/Chili OR ● Spaghetti Veggies, Mixed Up Baby Carrots Rainbow Pear Half	4 ● Chicken Nuggets & Steak Finger w/Wheat Bread OR ● Pork Roast Sandwich w/Sweet Potato Cup Sweet Green Peas Whole Kernel Corn Chilled Peaches	5 ● Charbroiled Hamburger OR ● Chicken 'N Gravy Over Potatoes w/Wheat Roll Ranch Style Beans Lettuce & Pickles Watermelon Bites	6 ● Cheese Nachos OR ● BBQ Beef on Bun w/Pork & Beans Santa Fe Rice Broccoli & Tomato Salad Cup O'Mixed Fruits	7 ● Pepperoni Pizza OR ● Smucker's Uncrustable Grilled Cheese Sandwich Seasoned Green Beans Fresh Orange Smiles Fall Pudding
10 ● Mini Corn Dogs w/Pork & Beans OR ● Macaroni & Cheese w/Fish Bites Red Grapes Fresh Vegetable Cup w/Ranch Dip Peach Crisp	11 ● Soft Beef Taco w/Seasoned Pinto Beans OR ● Club Sandwich Seasoned Corn Tossed Salad Apple Half	12 ● Charbroiled Hamburger OR ● Fruit Bowl w/Graham Crackers Creamy Tomato Soup Baked Fries Under The Sea Salad	13 ● Chicken Nuggets w/Wheat Bread OR ● Beef Ravioli w/Parmesan Breadstick Sweet Green Peas Cantaloupe Chunks Milk Chocolate Pudding	14 ● Cheese Pizza OR ● Popcorn Chicken Parmesan Veggies, Mixed Up Tropical Pineapple Oatmeal Raisin Cookie
17 ● French Bread Hamburger Pizza OR ● Chicken Chunks w/Wheat Bread Whole Kernel Corn Tossed Salad Cup O'Mixed Fruits	18 ● Italian Meatball Sandwich OR ● Mini Pancakes w/Syrup & Steak Finger Seasoned Green Beans Baby Carrots Cherry Sliced Pears	19 ● Charbroiled Hamburger OR ● Spike's Special Entree Pork & Beans Lettuce & Pickles Berry Fruited Jell-O	20 ● Chicken Nuggets w/Wheat Roll OR ● BBQ Beef on Bun Creamy Baked Mashed Potatoes Mandarin Broccoli Salad Pink Sour Power Applesauce	21 ● Pepperoni Pizza w/Corn Cob OR ● Colorful Stuffed Baked Potato w/Wheat Breadstick Seasoned Spinach Fresh Orange Smiles Pineapple "Fluff"
24 ● Turkey Corn Dog w/Chili OR ● Popcorn Chicken In The Nest w/Wheat Roll Seasoned Rice Steamed Broccoli Cup O'Mixed Fruits	25 ● Cheese Nachos OR ● Spaghetti w/Meatballs Hot Vegetable Sticks Rainbow Pear Half Lime Jell-O w/Pineapple	26 No School	27 No School	28 No School

THANKSGIVING HOLIDAY • NOVEMBER 26-28

DECEMBER

1 ● Popcorn Chicken & Mini Corn Dogs OR ● Toasted Cheese Sandwich Pork & Beans Veggies, Mixed Up Pink Sour Power Applesauce	2 ● Beef Ravioli w/Cinnamon Breadstick OR ● Breaded Chicken Patty Sandwich Seasoned Green Beans Baby Carrots Apple Half	3 ● Charbroiled Hamburger w/Cheese OR ● Spaghetti w/Marinara Sauce Potato Smiles Tossed Salad Tropical Pineapple	4 ● Chicken Nuggets w/Wheat Bread OR ● Soft Beef Taco w/Chips & Cheese Dip Charro Beans Banana Half Under The Sea Salad w/Topping	5 ● Cheese Pizza OR ● Sausage Pancake on a Stick w/Syrup Mini Corn on the Cob Seasoned Spinach Oatmeal Raisin Cookie
8 ● Turkey Corn Dog w/Chili OR ● Spaghetti Veggies, Mixed Up Baby Carrots Rainbow Pear Half	9 ● Chicken Nuggets & Steak Finger w/Wheat Bread OR ● Pork Roast Sandwich w/Sweet Potato Cup Sweet Green Peas Whole Kernel Corn Chilled Peaches	10 ● Charbroiled Hamburger OR ● Chicken 'N Gravy Over Potatoes w/Wheat Roll Ranch Style Beans Lettuce & Pickles Berry Fruited Jell-O	11 ● Cheese Nachos OR ● BBQ Beef on Bun w/Pork & Beans Santa Fe Rice Broccoli & Tomato Salad Cup O'Mixed Fruits	12 ● Pepperoni Pizza OR ● Smucker's Uncrustable Grilled Cheese Sandwich Seasoned Green Beans Fresh Orange Smiles Fall Pudding
15 ● Mini Corn Dogs w/Pork & Beans OR ● Macaroni & Cheese w/Fish Bites Red Grapes Fresh Vegetable Cup w/Ranch Dip Peach Crisp	16 ● Soft Beef Taco w/Seasoned Pinto Beans OR ● Club Sandwich Seasoned Corn Tossed Salad Apple Half	17 ● Charbroiled Hamburger OR ● Fruit Bowl w/Graham Crackers Creamy Tomato Soup Baked Fries Under The Sea Salad	18 ● Chicken Nuggets w/Wheat Bread OR ● Beef Ravioli w/Parmesan Breadstick Sweet Green Peas Apricot Halves Milk Chocolate Pudding	19 ● Cheese Pizza OR ● Popcorn Chicken Parmesan Veggies, Mixed Up Tropical Pineapple Garlic Cheese Toast
22 No School	23 No School	24 No School	25 No School	26 No School

WINTER BREAK • DECEMBER 22 - JANUARY 2 • HAPPY HOLIDAYS!

VEGETARIAN COOKOUT DAYS!

September 25	Deep Wood
September 26	Teravista
October 3	Pond Springs, Spicewood
October 8	Canyon Creek
October 17	Gattis, Forest North, Fern Bluff
October 24	Laurel Mountain
October 31	Anderson Mill
	Live Oak

ENTREE LABELING

Lunch entrees one and two are identified as Best Choice ● or Good Choice ● based on total fat grams calculated by NutriKids nutritional analysis. The labeling is in conjunction with CATCH, taught K-8th grade.

SPECIAL DAYS!

August 26	School Starts
September 5	Grandparents Day Lunch Celebration
September 17	Ace Prize at Breakfast
October 9	Early Release Day
October 10 & 13	No School
October 13-17	National School Lunch Week
October 21 & 23	Early Release Days
October 29	Ace Prize at Breakfast
November 11	Veterans Day Lunch Celebration
November 12	Ace Prize at Breakfast
November 18-20	Thanksgiving Meals
November 26-28	No School
December 5	Disney Breakfast Promotion
December 17	Ace Prize at Breakfast
December 22-January 2nd	No School

PRICING

A variety of milk is offered daily.

BREAKFAST
Student • \$1.35
Reduced • .30¢

LUNCH
Student • \$2.05
Reduced • .40¢
Adult • \$2.75

Purple print indicates One World Cafe' Recipes!



ACE'S WORLD ADVENTURE